



# **IDHAYA COLLEGE FOR WOMEN**

*(Run by Immaculate Sisters)*

Affiliated to Bharathidasan University / G.O. No.237 / Dt. 22.06.2000

UGC Recognized 2(f) & 12(B) of Institution

Post Box No.66  
Kumbakonam - 612 001  
Thanjavur (Dt.,)

**PRINCIPAL**

Tele : 0435 -2414077, 2414554 Cell: 89034 86215 email: idhayacollegekum.org@gmail.com, website : www.idhayacollegekum.org

## **Sports Policy**

Sports have a prominent position in a learning environment. Sports participation has been linked to significant physical, social and emotional growth as well as better cognitive performance, according to scientific research. This helps with the delivery of the curriculum and fosters a supportive campus atmosphere. This policy offers a framework to support the College. All students are expected to participate in physical education in a safe and productive manner. The following objectives are part of the institution's athletics programme.

- Recreation.
- Proficiency training to facilitate the development of skills.
- Fostering a spirit of sportsmanship.
- Encouraging teamwork.
- Exposure to a variety of sporting and physical activity.
- The following guidelines must be adhered to:
  - Coaches / Physical Directress are responsible for the students in their care at all times.
  - Before and after games, Coaches, Physical Directress and players are responsible for making sure the playing field and surrounding area are litter-free.
  - It is college policy that all players must use campus-organized transportation for "off campus" games.



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- The Coaches and Physical Directress will handle all discipline issues on the sports field. Serious offences need to be reported to the Principal or Vice Principal
- It is the responsibility of coaches to ensure that all college sports equipment is properly maintained and returned.
- Participants in all sporting events must dress appropriately. When playing competitive sports, students should avoid wearing jewels. They may bring cash and valuables such mobile phones at their own risk.
- The college will provide reasonable accommodations to give students the chance to access and participate in Sports when required.
- Students participating in sports events outside the college campus must have consent from their Parents / Guardians.
- Students must cooperate with coaches, teammates, mentors, referees and opponents as well as accept the judgments of the match officials. The captain, coach or manager must be consulted regarding any disputes during, before or after the competition. It is required of students to follow the rules and take accountability for their actions.
- Students should not use foul language or behave in an unsporting manner.
- The team's captain must lead by example by serving as an example of good character, sportsmanship, and teamwork.

  
Principal,  
Idhaya College for Women,  
Kumbakonam - 612 001.