

IDHAYA COLLEGE FOR WOMEN(AUTONOMOUS)

KUMBAKONAM

Accredited with A+ Grade by NAAC 1st Cycle

STUDENTS' ExNoRa CLUB

Students' ExNoRa Club Activities



S. NO.	DATE	NAME OF THE PROGRAMME	CHIEF GUEST	PLACE
ACADEMIC YEAR (2025 - 2026)				
1	05.06.2025	Poster Making – Commemoration of World Environment Day	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Online
2	22.07.2025	Oath Taking - Commemoration of International Plastic Free Day	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Idhaya Auditorium
3	22.08.2025	Megha District Level Trainers of Training Camp	Exn. P. Mohan, Founder, Youth ExNoRa International.	Children's Traffic Park, Old Collector Office, Trichy.
4	22.07.2025	19 th Installation and Seminar – Empowering a Green tomorrow”	Mrs. Yuvarani Rajendran, MD, WeDo Solar Panel & Automatic Door System, Thanjavur.	Seminar Hall
5	30.08.2025	Commemorated Senior Citizen Day	Rev. Sr. Bambina Mary, Administrator, Sundaraperumal Koil.	Seminar Hall
6	18.09.2025	Commemorated World Ozone Day & Seminar - Heal the Hole, Save the Soul	Dr. R. Krishnaveni, Head & Asst.Prof, Department of Microbiology, Idhaya College for Women, Kumbakonam.	Room No. 33
7	04.10.2025	Tree Plantation - Commemorated St. Francis Feast Day	Rev. Mo. Deva Arul Mary Magdalene, Provincial, St. Joseph's Province, Trichy.	Idhaya Campus
8	13.10.2025	Orientation- Environmental Wellness Programme	Dr. P. Samiammal, Asst.Prof. Dept. of Physics, Idhaya College for Women, Kumbakonam.	Idhaya Auditorium
9	13.11.2025	Pasumai Payanam - A Ecological Awareness – Cycle Rally	Mrs. Hridya S. Vijayan, IAS Sub Collector, Kumbakonam.	Idhaya Campus
			Mr. S.P. Tamizhazhagan, Deputy Meyor, Kumbakonam.	
			Mr. Ankit Singh, IPS Asst. Superintendent of Police, Kumbakonam.	
10	26.11.2025	Saplings Distribution	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Idhaya Campus

11	13.12.2025	Bhumi Campus Award - Runner-Up for the Daan Utsav Volunteer Award for the project We Care Initiative.	Mrs. Vaishnavi Srinivasan, Executive Director, Bhumi, Chennai.	Asian College of Journalism, Chennai
12	20.12.2025	Tree Plantation	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Idhaya Campus
13	23.12.2025	Outreach Programme – Cloth Bag Distribution	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Sakkottai
14	10.03.2026	Cloth Bag Distribution	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Idhaya Auditorium
15	14.03.2026	Floral Seed Bag Distribution	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Idhaya Auditorium
16	07.04.2026	Valedictory & Seminar – “Nature Needs You”	Dr. J. Loyola Peeris, Vice Principal & Chief Superintendent, Research Department of Tamil, Annai College of Arts & Science, Kovilacherry.	Room No. 17

ACADEMIC YEAR (2024 - 2025)

1	05.06.2024	Clay Cookware Expo	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Immaculate Block Stage, Idhaya College for Women, Kumbakonam.
2	03.07.2025	International Plastic Free Day - Paper Bags Distribution	Rev.Sr.Dr.Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Petty Shops, Kumbakonam.
3	30.07.2024	18 th Installation and Seminar - “Skills for Success ”	Dr. Senthil K Nathan, Associate Professor, Management Studies, Associate Dean, Public Relations, SRM Institute of Science and Technology, Trichy	Dupuis Auditorium , Idhaya College for Women, Kumbakonam.

4	02.08.2024	Seminar – “Sustainable Agricultural Practices”	Mr. S .Thiruselvam, Assistant Director of orticulture, Kudavasal, Thiruvarur.	Department of Microbiolog y, Idhaya College for Women, Kumbakona m.	
5	10.08.2024	Velanmai Thiruvizha	Chola Mandala Natural Farming Association, Kumbakonam	Mass College of Arts and Science, Kovilachery.	
6	11.08.2024	1000 Manjappai Distribution- “Awareness To Avoid Plastic”	Ilaiyor Ezhuchi Marathon	Idhaya College for Women, Kumbakona m.	
7	11.09.2024	Art Exhibition	Rev. Sr. Dr.Eugin Amala, Principal, Idhaya College for Women, Kumbakonam	Conference Hall.	
8	04.10.2024	Commemorated Feast of St. Francis Assisi, Patron of Ecology.	Rev. Sr. ArockiaJaya, ME.,(Ph.D)., Asst. Professor, Dept. of Computer Science, Idhaya Eng. College for Women, Kumbakonam.	Idhaya Auditorium.	
9	03.01.2025	Commemorated Silver Jubilee Year– Saplings Planted	Rev. Mother. Deva Arul Mary, Provincial, St. Joseph Province, Trichy.	Idhaya College Campus, Kumbakonam.	
10	22.02.2025	Manjappai Distribution- Public	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam	Medical Camp Muzhaiyur Village.	
		Awareness Speech– “To Avoid Plastic ”	Dr. M. A. Shanti, Asst.Professor, Dep. of. Information Technology, Idhaya College For Women, Kumbakonam.	Pambapadaiyu r, NSS Camp	
11	14.02.2025	Seminar- “Save the Planet ”	Biodive sity	Mr. R. Mahendra Babu, Secretary, SHHRO, Trichy.	Idhaya Auditorium
			Aware ness- Plastic Eradic ation	Dr. Malarvizhi, Associate Professor, PG and Research Department of Chemistry, Govt. Arts and Science College, Trichy.	
			Eco	Mr.R. Ramachandiran, Director, Nadhigal Trust, Tirunelveli.	

			System		
12	10.03.2025	Cloth Bags Distribution		Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Idhaya College for Women, Kumbakonam
13	03.04.2025	Valedictory and Seminar- Bridging the Gap : Climate Change and the Effectson Water Availability		Exn. S. Senthil Pari, ExNoRa International Foundation, Chennai.	Dupuis Auditorium
ACADEMIC YEAR (2024 - 2025)					
1	05.06.2023	World Environment Day- Oath Taking		Rev. Sr. Dr. Eugin Amala, M.Sc., B.Ed., M.Phil., Ph.D., Principal, Idhaya College for Women, Kumbakonam	Immaculate Block
2	27.07.2023	Field Visit		Periyar Maniammai Institute of Science & Technology	Thanjavur
3	02.08.2023	17 th Installation & Seminar - "Biodiversity Conservation Inextricably linked with HumanWelfare".		Dr. S. Sandilyan, Founder & Director, 3 rd Planet, Nature Conservation and Research Foundation, Mayiladuthurai	Dupuis Auditorium
4	09.08.2023	Seminar-"Prevent Usage of Plastics for Environment Safeguard".		Dr. V. Sukumar, Professor, Kunthavai Natchiyar Govt. College, Thanjavur, State Vice President, Tamilnadu Science Forum & State Coordinator NCSC	Idhaya Auditorium
5	07.09.2023	Awareness Programme - "Renewable Energy".		Dr. Babu Balakrishnan, Multiple World Record Achievers, Founder & Chairperson, Universal Achievers Book of Record & Future Kalam Book of Records Mr. Ramesh, Advocate, High Court, Chennai	Idhaya Auditorium

6	05.10.2023	International Seminar- Soft Skills – “ Your Competitive Edge ”.	Dr. Are Holen, MD., Ph.D., Professor of Behavioural Medicine, Norway University of Science & Technology, Founder-ACEM School of Yoga, Norway Mrs. K. Sunanda, Founder & Trainer, Lunar Lingua (A Colloborative Unit of Nigerian Sector)	Idhaya Auditorium
7	17.10.2023	Awareness Programme – “India’s Green Gold – Bheem Bamboo”.	Mr. N. Ponnusamy, Forest Range Officer, Kumbakonam	Idhaya Auditorium
8	22.12.2023	Outreach Programme-“ Eradication of Plastic”.	Dr. M. A. Shanti, Head & Asst. Prof. Dept. of Information Technology, Idhaya College for Women, Kumbakonam	Thirumaignanam Village
9	10.01.2024	Youth ExNoRa International Award Function	Prof. Dr. V. Selvam, Vice Chancellor, Bharathidasan University, Trichy	Srimad Andavan Arts & Science College, Trichy
		Best Projects by Students’ ExNoRa Award-2021		
		Best Leaders Creator Students’ ExNoRa Award – 2021		
		Best Students’ ExNoRa Staff Advisor Award-2022		
		Best Environ Supporter/ Humanitarion Students’ ExNoRa Award-2022		
		Best Students’ ExNoRa - Head of the Institution Award-2023		
10	20.02.2024	Seminar- “Protection of Women & Child Rights, Issues & Challenges ”.	Dr. V. Ushanandhini, Dept. of Social Welfare, District Chairperson, Child Welfare Committee, Thanjavur.	Dupuis Auditorium

11	18.03.2024	Seminar – “ Organic Farming & Traditional Paddy Varieties ”.	Mr. Pasumai Edwin, A Direct Student of Organic Scientist, Dr. Nammazhvar, Propagator of Traditional Paddy & Organic Farmer, Maruthanallur, Kumbakonam.	Dupuis Auditorium
ACADEMIC YEAR (2022 - 2023)				
1	03.06.2022	Valedictory & Seminar on “ Muyandral Mudiyum ”.	Jc. HCF. Dr. R. Arivalagan, Zonal Trainer	Idhaya Auditorium
2	15.08.2022	Poster Exhibition- Independence Day	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam	Idhaya Auditorium
3	30.08.2022	Inauguration & Seminar- “Decision Making & Role of Students in Environment”.	Exn. K. Vimal Raj, Vice President Exn. Thiru Kanan, Director Youth Exnora International, Trichy	Idhaya Auditorium
4	24.09.2022	Workshop - “Paper Bag Making”.	Mr. M. G. Subbaiah Srinivasan, B.E., Associate Director, Bhumi NGO, Chennai.	Dupuis Auditorium
5	15.10.2022	Paper Bag Distribution	Road Side Vendors	Kumbakonam
6	25.11.2022	Seminar – “Water Resource Management ”.	Er. V. Rajendiran, Executive Engineer, Water Resource Department, Environmental Cell Section, Trichy.	Mannarpuram, Trichy
7	02.03.2023	Upcycling Activity	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	ST. JOSEPH BLOCK Auditorium
8	15.03.2023	Clay Modeling Expo	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam	ST. JOSEPH BLOCK Auditorium
9	24.04.2023	Valedictory & Seminar- “Global Warming”.	Rtn. Dr. R. Santhosh Varman, Chairman of SPARK, Kumbakonam	Dupuis Auditorium

ACADEMIC YEAR (2021 - 2022)

1	27.06.2021	Webinar on "Motivation for Success"	Exn. Sathish Bollu Business Strategist and Startup Mentor	Online
2	27.07.2021	Webinar on "Tomorrows Step"	Exn. R. Sridhar President Youth Exnora International	Online
3	07.12.2021	Inauguration & Workshop - "Water Management and Environment"	Er. K. Rajagopalan, DCE Junior Engineer, Water Resource Department, Environmental Cell Section, Trichy	Online
4	28.03.2022	Industrial Visit	Coir Board	Thanjavur
5	22.04.2022	Oath Taking & Human Chain Formation	Rev. Sr. Dr. Eugin Amala , M.Sc., B.Ed., M.Phil., Ph.D., Principal, Idhaya College for Women, Kumbakonam	College Campus

ACADEMIC YEAR (2020 - 2021)

1	09.02.2021	Seminar-"Women and Child Rights"	Exn. P. Mohan, M.C.A., M.S.W., M.Sc(Psy), Founder and President, Youth Exnora International	Idhaya Auditorium
2	19.04.2021	Valedictory-Webinar on "Terrace Gardening"	Er. S. Somasundaran, B.E., Junior Engineer(Rtd) Agricultural Department	Online
3	27.05.2021	Webinar on "Eco-Friendly Life Style"	Dr. S. Rahini, M.Com., MBA, M.Phil., NET.,Ph.D., Youth Exnora Advisor Bishop Heber College, Trichy	Online

ACADEMIC YEAR (2019 - 2020)

1	31.07.2019	Inauguration & Seminar - "Importance of Plants".	Mr. VanamKalaimani, M.Sc.,(Wild Life Biology), Environmental Executive & Founder Of Vanam Voluntary Organisation, Thiruvarur.	Idhaya Auditorium
---	------------	--	--	-------------------

2	02.08.2019	Activity- Sapling Plants	Rev. Sr. Dr. Eugin Amala, Principal, Idhaya College for Women, Kumbakonam.	Idhaya Campus
3	03.10.2019	Awareness Programme- "Ozone Depletion".	Dr. D. Soumady, M.Sc.,M.Phil.,Ph.D., M.D(Acupuncture), Asst. Prof. Dept. of Zoology, Govt. College for Women(A), Kumbakonam.	Idhaya Auditorium
4	30.01.2020	"Seed Ball Fest" - 100 Students.	Mr. S. Raja, Aram Makkal Nala Sangam Secretary. Mr. Karthik, Thanthondri Director, Thiruvarur. Mrs. Sudha, DLSA, Judge, District Court, Thanjavur.	Idhaya Ground

ACADEMIC YEAR (2018 - 2019)

1	20.06.2018	Meeting-Seed Ball and Myovoki Project.	Mr. Pradeep Kumar, Sub Collector.	Sub Collector Office, Kumbakonam
2	17.07.2018	Awareness Programme - "Namma Marangal Thiruvizha".	Mr. Pradeep Kumar, Sub Collector. National Green Corps, Thanjavur.	L. F. H. S. School, Kumbakonam.
3	20.08.2018	Social Activity (Planted Palm Seeds) - "Azhiyakadugal Valarpu Thitam".	Mr. Kalaimani Nila, Social Activist.	Roadsides from Nachiyarkoil to Kumbakonam
4	21.03.2019	World Forest Day Celebration - "Importance of Nature".	Mr. M. Kalaimani, Asst. Project Manager, Pudhu Vaazhvu Project, Thiruvarur.	Idhaya Auditorium.

ACADEMIC YEAR (2017 - 2018)

1	12.09.2017	Awareness Programme - "Lend hand to Save Tree".	Rev. Fr. Maria Antony James, B.A., Asst. Parish Priest, St. Mary's Cathedral, Kumbakonam.	Idhaya Auditorium
---	------------	---	---	-------------------

2	12.04.2018	Valedictory - "Save Nature Save Lives".	Mr. M. Kalaimani, Asst. Project Manager, LH- Thiruvarur. Mr. Rajashankar, President, Lion Club.	Idhaya Auditorium
ACADEMIC YEAR (2016 - 2017)				
1	12.08.2016	Fieldwork- "Cleaning Service".	Mr. Bala Subramaniam, Managing Director, Kumbakonam Cauvery Lion Club	The Retti Rayar Tank, Kumbakonam.
2	19.12.2016	Awareness Rally- "Eye Donation".	Mr. R. Ramadurai, Lion Club President.	Kumbakonam
3	30.11.2016	Blood Donation Camp	Club Students	Idhaya College for Women, Kumbakonam
4	17.12.2016	Field work- "Planted Saplings".	Manager and Staff, IOB, Kumbakonam. Mrs. G. Nirmala Martin, Physical Director & Staff Secretary, ICW, Kumbakonam	Idhaya College for Women, Kumbakonam
5	22.02.2017	Awareness Programme- "Ecological & Psychological Changes".	Rev. Fr. Kulaindhaisamy, M.Sc., Asst. Parish Priest, Congregation of Claret.	Idhaya Auditorium
ACADEMIC YEAR (2015 - 2016)				
1	28.07.2015	Procession to honour Dr. A.P.J. Abdul Kalam	-	Idhaya College for Women, Kumbakonam to Mahamaham Tank.
2	14.09.2015	Inauguration and Awareness Programme - "Reduce, Reuse, and	Mr.T.Senthil Kumar, President, Youth International, Trichy	Idhaya Auditorium

		Recycle”.		
ACADEMIC YEAR (2014 - 2015)				
1	26.02.2015	Orientation-“Global Warming”.	Exn. Mr. N. Senthil Kumar. President, Tamilnadu.	Idhaya Auditorium
ACADEMIC YEAR (2013 - 2014)				
1	23.09.2013	One Day Orientation - “Earth Care”.	Rev. Fr. Dr. Rayappa. A. Kasi, Eco-Theologist.	Idhaya Auditorium
2	09.04.2014	Valedictory Programme - “Bio- Mass”.	Rev. Sr. Eugin Amala, Asst. Prof, Dept. of Microbiology, Idhaya College for Women, Kumbakonam.	Science Block, Idhaya College for Women, Kumbakonam
ACADEMIC YEAR (2012 - 2013)				
1	12.02.2013	Acivity - Planted15 Sapplings.	EXNORA Students	Idhaya Campus.
ACADEMIC YEAR (2011 - 2012)				
1	15.08.2011	Drama -“Fast Food and Natural Food”- Independence Day Celebration	Rev. Sr. Dr. Jasmine, Principal, Idhaya College for Women. Kumbakonam.	Idhaya Auditorium
2	30.09.2011	Seminar – “Environmental Awareness” &“Environmental Awareness Competition”.	Rev. Sr. Dr. Jasmine, Principal, ICW, Kumbakonam.	Idhaya
			Rtn. Major. S. Baalaaji, President, Rotary Club of Kumbakonam.	
			Mr. Sujo Ganesh, The World-Environment Society	

			Mr. Rajan, Co-ordinator, Isha Pasumai Karangal.	Auditorium
			Dr. P. Arul, M.Sc., M.Phil.,Ph.D., Lecturer, Govt. Arts College(A), Kumbakonam.	
ACADEMIC YEAR (2010 - 2011)				
1	25.08.2010	Mother Teresa Birthday Celebration- Donated Dresses to newborn Babies.	Rev. Mo. Prema Maria Goreti., Secretary, Idhaya College for Women, Kumbakonam.	Government Hospital, Kumbakonam.
2	08.03.2011	Women's day Celebration- "Herbal Stall ".	-	Idhaya Auditorium
ACADEMIC YEAR (2009 - 2010)				
1	18.03.2010	Seminar- "Netria Ilaiyor Sangam".	Mrs.K. Arulmozhi , Asst. Prof. Dept. of CS, Idhaya College for Women, Kumbakonam.	Idhaya Auditorium.
ACADEMIC YEAR (2008 - 2009)				
1	31.07.2008	Awareness Programme - "Essentials of Donating Blood".	Mr.Raghava Narayanan, District Chairman, Dr.Shanmuga Priya, DGO Dr.Senthil Kumar	Idhaya Auditorium.
2	12.10.2008	Field Visit- Herbal Farm.	-	Sengipatti.
ACADEMIC YEAR (2007- 2008)				
1	26.01.2007	Inauguration	Mr. Martin, Proprietor, Star IT Park, Kumbakonam	Idhaya Auditorium.

2	08.02.2007	Seminar- "Herbs and its Uses".	Dr. G. R. Gurunathan, R. M. P., D. N. Y. S	GRGR. Herbal Research Centre, Chidambara m.
3	27.01.2007	Seminar- "Building a New Brave World".	-	Holy Cross College, Trichy.
4	07.02.2007	Seminar- "Quality of Environment".	Mr.P. Mohan, State President, Students, Trichy	Idhaya Auditorium.
5	07.04.2007	3 Days Herbal Exhibition.	-	Idhaya Auditorium.
6	08.03.2007	Seminar- "Save the Nature".	Pasumai Prabenja Sangam.	Idhaya Auditorium.
7	10.04.2007	Field Visit- "Coastal Plants" .	-	Pitchavaram.
8	07.08.2007	Inauguratio n - "Fertilizing Vegetable Waste".	Mr. Raghava Narayanan, State President.	Idhaya Auditorium.
			Mr. S. S. Kumar, State Secretary.	
			Mr.SureshKumar, District Secretary.	
9	19.08.2007	Meeting- "Knitting India".	Mr.Raghava Narayanan, President, Tamilnadu.	Hotel Green Park, Kumbakona m.
			SriR.Gandhi, President, MadrasBarAssociation	
10	01.09.2007	Seminar- "Uses of Herbal Medicine".	Mr.Ramesh, Organizer, Rumi Herbal Medicine, Kumbakonam.	Idhaya Auditorium.
11	13.10.2007	Internation al Training Program- "Global Warming"	Mrs. Poongothai, Social Welfare Minister.	Idhaya Auditorium.
			Dr. Nirmal, Founder and Chairman, World .	

12	16.10.2007	Global Warming Training Programme.	Mr.Mohan, Director, Students, Trichy.	Cauvery College, Trichy.
13	02.03.2008	Cleaning Servive – Blood Bank Ward, Delivery Ward, Labour Ward Ophthamology Ward and sorroundings.	Students.	Govt. Hospital, Kumbakona m.
14	08.03.2008	Women’ s Day Celebration– Planted 25 Sapplings.	EXNORA Students.	Idhaya Campus.